

Fitness and Friendship

# Boxing Connections Dads Group

Starts Thursday 17th October

5 - 6.30pm

@ BOXING FUTURES GYM.  
UNIT 12, CRUSADER COURT.  
YAXLEY. PE7 3PU



NON-CONTACT BOXING & CIRCUITS

WEEKLY WELLBEING TOPICS

A SAFE SPACE TO TALK

A SMALL GROUP SETTING

CONNECT WITH OTHER DADS

SUPPORT FROM COACHES

If you are a dad, join us for  
12 weeks of wellbeing and exercise

TO SIGN UP CONTACT

MARCELLO.RENDA@BOXING-FUTURES.ORG.UK

OR 07534188794



[boxing-futures.org.uk](http://boxing-futures.org.uk) registered charity number 1162086

In association with Peterborough Family Hub

