

# Progression in PESSPA Hampton Hargate Primary School



Broader Range of Activities (End KS1)

During KS1 Children will have participated in different team games including invasion, net and wall, striking and fielding and target games.

Dance (End KS1)

Children can perform dances using simple movement patterns.

Gymnastics and Yoga (End KS1)

Children have developed basic movements as well as balance, co-ordination and agility.

Fundamental Movement Skills (End KS1)

Throughout KS1 children will develop and improve Fundamental Movement Skills (FMS) and being able to transfer knowledge and skills between activities.

Social Development (End KS1)

Children are able to encourage self and others to keep trying as well as becoming more aware of working safely, collaboratively, developing effective communication with peers, respecting others and rules, supporting others as well as working cooperatively in teams.

Introducing Specific Sports (Throughout KS2)

Children will use their prior learning to use and apply their transferable skills within lessons, they will be able to apply them in different scenarios and related sports

Swimming (Y3)

In Year 3 children start swimming sessions at school.

Social Development (End KS2)

Pupils can share ideas together to come up with a plan about how to approach a task. Children will be able to demonstrate leadership skills within a group. Children will be able to communicate with others clearly and effectively.

Swimming Expectations (End KS2)

- Perform safe self-rescue in different water-based situations
- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.

Emotional Development (End KS2)

Pupils understand what maximum effort looks and feels like and can show determination to achieve it. They can use different strategies to try achieve personal bests. Children will be able to follow rules showing honesty. Pupils can attempt challenges outside their comfort zone.

Children are best prepared for Secondary School (End KS2)

They will have a good knowledge about making healthy and active choices. They will have explored a variety of sports and will have developed physical literacy to continue to lead physically active lifestyles.

Emotional Development (End KS1)

Children will have the determination to work for longer whilst they continue to build on their confidence, honesty, perseverance, self regulation, independence and have an increasing confidence to contribute to class discussions.

Thinking Development preparation for KS2 (End KS1)

Children will participate in team games, developing simple tactics for attacking and defending. Children begin to feedback to others using some key vocabulary.

Year 2 PSHE - Healthy Eating Topic

Year 2 Science - Animals including Humans (Healthy Eating, exercise and hygiene.)

Year 2 Local Walk linked to Topic and being physically active.

Year 2 Multi-Skills Festival at Hampton College

Year 2 RE - Walk to the local Church

Intervention (Year 1)

Children are identified for additional support if they haven't met gross & fine motor skills at the end of EYFS.

Year 1 Seasonal Walks linked to Topic

Introducing Hampton College Festivals Year 1 Multi-Skills Festival

Children start attending festivals whereby they compete alongside local primary schools at a feeder school

Year 1 RE - Walk to the local Church

Year 2 RE - Walk to the local Church

OAA and Team Building (Annually Y1-6)

Children will take part in outdoor and adventurous activity which challenges both individually and within a team.

Year 4 Cricket Festival at Hampton College

Year 4 PSHE - Cycle Safety and Healthy Living

Year 3 Science - Animals Including Humans (Nutrients and Skeleton)

Year 3 Hazard Alley Trip

Year 3 Cricket Festival at Hampton College

Children to learn in an interactive and fun way about cycle safety and hazards in the community which people might come across whilst being physically active.

Year 3 PSHE - Staying Safe

Thinking Development (End KS2)

Children to become more reflective learners and be able to evaluate theirs and other people's success and to suggest and carry out ways to improve. They will become more selective about strategies and skills which they use.

Year 4 Camping Residential Sacrewell Farm

Children to have opportunities to take part in a range of team building, physical activities as well as developing knowledge of fruits and vegetables.

Year 5 and 6 have opportunities to participate in the Inter-School Netball League.

Year 6 Science - Animals Including Humans (circulatory system, functions of heart, diet, exercise and nutrition as well as exploring how exercise affects heart rate.

Upper Key Stage 2

Year 6 Catch Up Swimming

Our least confident swimmers in Year 6 will have a further opportunities to enhance swimming confidence and safety during catch up swimming sessions.

Year 6 Cross Country Race at Hampton College

Year 6 PSHE - Water Safety

Year 6 Residential PGL  
Children to have opportunities to take part in a range of team building and physical activities.

Year 6 will have opportunities to participate in the Inter-School Football League.

Year 6 Bike Ability

Year 6 Sports Leaders  
Sports Leader encourage active break times by leading activities and competitions for their peers. Children attend meetings to share views and opinions. Sports Leaders also help during sporting events.

The Journey Begins

All children to be introduced to PE and will work towards meeting the EYFS Physical Development goals (Gross Motor Skills and Fine Motor Skills) as part of their Early Learning Goals (ELG). Children will also work on physically developing their Fundamental Movement Skills (FMS).



Social Development (EYFS)

Children are introduced to PE behaviours to learn safely, cooperatively, respectfully whilst learning to share and take turns.

Emotional Development (EYFS)

Children develop confidence in their movement, determination to try their best and persevering when barriers arise.

Thinking Development (EYFS)

Children are beginning to identify personal success as well as developing their ability to make decisions, starting to reflecting on their performances and are creative with ideas.

Early Years

Key Stage 1

Year 1

Year 2

Lower Key Stage 2

Year 4

Year 3

Upper Key Stage 2

Year 5

Year 6

Building on Prior Learning (Frequently throughout time at HHPS)

We will recap previous learning where there are transferable skills, knowledge & understanding. Fundamental movement skills should be used in isolation and in combination.

Thinking Development (End LKS2)

Pupils will be able to make quicker decisions about applying skills in game situations. Select and apply skills from a wider skill set and to provide feedback using key terminology.

Social Development (End LKS2)

Children will be able to encourage and motivate others, work within a team to achieve a shared goal and to work with others to self manage games.

Games become more competitive (Throughout KS2)

Games are modified where appropriate and children will apply basic principles, rules and tactics.

KS2 School Games Events

Throughout KS2, many children will have opportunities to attend various sporting competitions and/or festivals with or against local schools.

Year 5 Netball and Basketball Festival

Sports Leader Training (Year 5)

Some children will have an opportunity to take part in the Bronze Sports Leadership training.

Year 5 Local Walk linked to Topic and OAA.

Emotional Development (End LKS2)

Pupils will persevere when facing challenges, understand what trying their best looks like and how to achieve it. They will begin to use rules showing an awareness for fairness and honesty and how others might be feeling.

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