



**Do you have a favourite colour which makes you feel happy?**

**Is there a certain t-shirt which makes you smile?**

**Does wearing your hair in a particular way make you more confident?**

**REMEMBER Friday 5<sup>th</sup> February**

**‘Dress to Express’**

**Send your photos in via your class teacher on Class Dojo or Google Classroom – we would really like to see them and **HAVE FUN!****



**Have you seen our video?**

<https://youtu.be/mZ1-pqV07mA>



**WE'RE EXPRESSING  
OURSELVES THIS CHILDREN'S  
MENTAL HEALTH WEEK**