

Week commencing 02 September 2019 (Cycle week 1)

Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL				
Cheese & tomato pizza with potato wedges	Meatballs in tomato sauce with pasta	Roast chicken, potatoes & gravy	Hot dog & coleslaw	Fish fingers & chips
Cheese & tomato pizza with potato wedges	Vegetarian meatballs in tomato sauce with pasta	Cheese & vegetable flan	Veggie dog & coleslaw	Veggie fingers & chips
Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping
Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling
SIDE DISH				
Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
DESSERT				
Flapjack	Chocolate cookie	Apple crumble & custard	Vanilla ice cream	Fruity Friday
Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt

Week commencing 09 September 2019 (Cycle week 2)

Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL				
Macaroni cheese topped with shredded ham	Sausage & mash potato	Roast chicken, potatoes & gravy	Chicken & sweetcorn pasta	Fish fingers & chips

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni cheese	Vegetarian sausage & mash potato	Vegetable nuggets with diced potato	Cheese & tomato pasta	Vegetable burger & chips
Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping
Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling
SIDE DISH				
Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
DESSERT				
Banana Muffin	Marble cake & custard	Chocolate crispie	Iced lemon sponge	Fruity Friday
Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt

Week commencing 16 September 2019 (Cycle week 3)

Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL				
Cheese, potato & bean puff	All day breakfast	Roast chicken, potatoes & gravy	Mild beef chilli & rice	Fish fingers & chips
Cheese, potato & bean puff	Vegetarian all day breakfast	Lentil & bean bake	Mild vegetable chilli & rice	Vegetable fingers & chips
Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping
Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling

Monday	Tuesday	Wednesday	Thursday	Friday
SIDE DISH				
Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
DESSERT				
Shortbread	Jelly with fruit	Fudge tart & custard	Chocolate & beetroot brownie	Fruity Friday
Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt

Week commencing 23 September 2019 (Cycle week 1)

Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL				
Cheese & tomato pizza with potato wedges	Meatballs in tomato sauce with pasta	Roast chicken, potatoes & gravy	Hot dog & coleslaw	Fish fingers & chips
Cheese & tomato pizza with potato wedges	Vegetarian meatballs in tomato sauce with pasta	Cheese & vegetable flan	Veggie dog & coleslaw	Veggie fingers & chips
Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping
Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling
SIDE DISH				
Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
DESSERT				

Monday	Tuesday	Wednesday	Thursday	Friday
Flapjack	Chocolate cookie	Apple crumble & custard	Vanilla ice cream	Fruity Friday
Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt

Week commencing 30 September 2019 (Cycle week 2)

Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL				
Macaroni cheese topped with shredded ham	Sausage & mash potato	Roast chicken, potatoes & gravy	Chicken & sweetcorn pasta	Fish fingers & chips
Macaroni cheese	Vegetarian sausage & mash potato	Vegetable nuggets with diced potato	Cheese & tomato pasta	Vegetable burger & chips
Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping
Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling
SIDE DISH				
Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
DESSERT				
Banana Muffin	Marble cake & custard	Chocolate crispie	Iced lemon sponge	Fruity Friday
Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt

Week commencing 07 October 2019 (Cycle week 3)

Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL				
Cheese, potato & bean puff	All day breakfast	Roast chicken, potatoes & gravy	Mild beef chilli & rice	Fish fingers & chips
Cheese, potato & bean puff	Vegetarian all day breakfast	Lentil & bean bake	Mild vegetable chilli & rice	Vegetable fingers & chips
Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping
Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling
SIDE DISH				
Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
DESSERT				
Shortbread	Jelly with fruit	Fudge tart & custard	Chocolate & beetroot brownie	Fruity Friday
Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt

Week commencing 14 October 2019 (Cycle week 1)

Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL				
Cheese & tomato pizza with potato wedges	Meatballs in tomato sauce with pasta	Roast chicken, potatoes & gravy	Hot dog & coleslaw	Fish fingers & chips
Cheese & tomato pizza with potato wedges	Vegetarian meatballs in tomato sauce with pasta	Cheese & vegetable flan	Veggie dog & coleslaw	Veggie fingers & chips

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping	Jacket potato with a choice of topping
Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling	Fresh sandwich, roll or baguette, choice of filling
SIDE DISH				
Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables	Selection of seasonal vegetables
DESSERT				
Flapjack	Chocolate cookie	Apple crumble & custard	Vanilla ice cream	Fruity Friday
Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt	Fresh fruit or jelly or yoghurt