

Graduated approach to children's mental health Hampton Hargate Primary School

High risk

CAMHs, Specialist external agencies, YoUnited, Emotional Health and wellbeing service, Early Help assessment, 1:1 adult

Medium Risk

Designated adult identified for regular support and monitoring. Coordinated Plan implemented. Early Help assessment carried out.
Access to school family support worker.
Consider referrals to other school agencies: SEMH team, mental health and wellbeing team as required.

Risk Indicated

Additional interventions including nurture groups, resilience, positive people. Conversations with child. Social skills, nurture groups. Teacher aware to develop positive relationships within class activities. SENCO and SMHL made aware. Emotion Coaching.

Whole School Approach

PSHE/ RSE lessons including emotional literacy development. Self-regulation lessons and strategies. Zones of Regulation. Behaviour, Anti-Bullying, SEND, Equalities Policies. Pupil surveys and screening activities e.g. Three Houses. Commitment to 2 hours PE per week, physical activities at playtimes and lunchtimes. Access to yoga and mindfulness activities as part of PE / PSHE lessons. Calendar of assemblies linked to school values, awareness days and mental health.